

# ANNUAL<br/>REPORT2023.PROSTOR ASSOCIATION

# IN 2023, WE CREATED SPACE FOR...



# PROVIDING REGULAR SUPPORT TO OUR BENEFICIARIES:

- Our service can currently be used by 71 psychiatric care users, 13 more users than last year

- A total of 150 activities (workshops, groups, counseling, classes) were carried out, mostly on voluntary bases

- On the initiative of our beneficiaries, a new activity was introduced- Life skills workshops

- Professional artists held 12 workshops with our users

- Ceramics workshops were organized for the first time with the support of the Ministry of Culture of the Republic of Serbia

- We received an official certificate of recognition for our work from the Institute for Mental Health

PROSTOR (SPACE) is a civil society organization founded in 2009. in Belgrade, Serbia. Since 2011, our work is entirely focused on mental health and providing support to psychiatric care users, through regular activities in the community, education and raising public awareness, advocacy and financial empowerment of our beneficiaries.

### **Our vision**

Equal human rights of persons with mental health problems in Serbia

### **Our mission**

Contribution to the improvement of mental health protection in the with the aim of community psychosocial empowerment and recovery of people with mental health problems







# 2

# ADVOCACY:

- Mental health was recognized for the first time as a separate category of Public Health in the Public Health Plans of Belgrade municipalities of Stari Grad and Zvezdara, thanks to the advocacy initiative of Prostor and the support of the ACT program of the Swiss Government

- Prostor contributed to the creation of the Social Protection Development Program of municipality Stari Grad and emphasized the importance of mental health in this document as well, and we organized an accredited meeting - a round table in the field of social protection, where we dealt with the improvement of the Program

- The representative of Prostor became a member of the Working Group for the Development Strategy of municipality Stari Grad - With the Mental Health Movement, we advocated at the national level and received a certificate of recognition from the Ministry of Human and Minority Rights and Social Dialogue - we became a member of the Mental Health "Report published the on the Team, Implementation of the Action Plan 2019-2022", for the implementation of the Program on mental health protection in RS 2019-2026.

- We held a workshop at the World Hearing Voices Congress in Paris and at "Mentalfest", the annual mental health festival in Rijeka, Croatia, and within the III Belgrade Mental Health Festival

- We organized a forum on the topic of mental health of young people in the municipality of Stari Grad, in which experts from the Institute of Mental Health participated







## EDUCATION IN THE FIELD OF MENTAL HEALTH:

- As part of the international Erasmus + project, together with colleagues from the region, we developed training in the use of art in work with users of psychiatric services "Art of voices"





# RAISING PUBLIC AWARENESS ON THE SUBJECT OF MENTAL HEALTH

- We organized an open artistic workshop "Psychiatr&I" on the occasion of June, mental health month in Serbia, with the support of the Trag Foundation

- Together with the Movement for Mental Health, we organized the 3rd Belgrade Mental Health Festival with the support of Civic Initiatives. The festival gathered more than 650 visitors and included many events including the Critical Mass- bicycle ride on the topic of mental health - "On the Paths of Good Mood"

- As part of the Festival, we organized the "Day of Art and Mental Health", which included a forum on the topic of art as support for vulnerable groups, a workshop and a screening of the film about Prostor. More than 50 people attended the discussion and the screening of the film

- A regular online campaign that contributed to having 6000 followers

- If 2023 was with famous people, then add: A large number of public figures, including Dejan Milojević, Boban Marjanović, Nebojša Dugalić, Sajsi MC, An Mari Alves Ćurčić, Joca Del Arno bend, Sandra Silađev, Danijela Vranješ, Dejan Cukić, Nikola Čuturilo, Aleksandra Šandor, Ida Prester, etc.



# FINANCIAL EMPOWERMENT OF PSYCHIATRIC CARE USERS

- Sales fair on the occasion of June, the month of mental health

- Sales fair within the "Art and Mental Health Day"

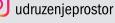
- On the occasion of the New Year, we organized a sales exhibition at the club Strogi Centar

- In the Clarivate Belgrade office, we organized an exhibition and promotion of the campaign "Neighbor, how are you?"









in udruzenjeprostor